

HIGHLAND RIVERS COMMUNITY SERVICE BOARD
General Admission Criteria For the Child and Adolescent Crisis Stabilization Program
Certified by the Georgia Department of Human Resources as a Residential Program (Not a Hospital)

I. Description of Services:

Highland Rivers Community Service Board (HR CSB) Child and Adolescent Crisis Stabilization Program (C&A CSP) provides short-term, sub-acute detoxification and mental health crisis stabilization in a **residential setting**, providing a less restrictive alternative to an acute inpatient facility, with an average length of stay for all consumers of nine (9) days, excluding weekends and holidays. The C&A CSP is certified by the Georgia Department of Human Resources as a Residential Detoxification Program (ASAM Level 111.7 of the Adolescent Criteria section *American Society for Addiction Medicine Placement Criteria*) and a Mental Health Crisis Stabilization Program (CAFAS Score of 140-240 or CA LOCUS level 6), and as an Involuntary Emergency Receiving and Evaluation Facility.

Nursing care is provided twenty-four (24) hours a day, with physician coverage in the facility daily. While limited medical coverage is available, the C&A CSP is a non-medical facility, and is not capable of providing the level of medical, psychiatric and nursing care of a general hospital or a general hospital psychiatric unit.

II. Admission Criteria:

- a. Children ages 5 through 11 and adolescents 12 through 17;
- b. Consumers must have a DSM IV-TR diagnosis of a mental health or addictive disease disorder;
- c. Must be in acute psychiatric or substance abuse crisis requiring 24-hour supervision for detoxification from alcohol and/or other drugs or stabilization from a mental health disorder.
- d. **CSP Admission Criteria (check all that apply):**
 1. Treatment at a lower level of care has been attempted or given serious consideration; and #2 and/or #3 are met;
 2. Child/Youth has a known or suspected illness/disorder in keeping with target populations (Severe situational crisis, SED, AD, MH/AD, MH/MR, MR/AD); or
 3. Child/Youth is experiencing a severe situational crisis which has significantly compromised safety and/or functioning; and one or more of the following:
 - a. Child/Youth presents a substantial risk of harm or risk to self, others, and/or property or is so unable to care for his or her own physical health and safety as to create a life-endangering crisis. Risk may range from mild to imminent; or
 - b. Child/Youth has insufficient or severely limited resources or skills necessary to cope with the immediate crisis; or
 - c. Child/Youth demonstrates lack of judgment and/or impulse control and/or cognitive/perceptual abilities to manage the crisis; or
 - d. For detoxification services, individual meets admission criteria for Medically Monitored Residential Detoxification.

III. Exclusionary Criteria Include the Following:

- a. Consumers with unstable medical conditions, including being bedridden and medically fragile consumers, or consumers who have medical conditions which require isolation precautions, intravenous therapy, oxygen or similar assistance, including indwelling urinary or other catheters.
- b. Blood alcohol level must be below 150 and documentation by Emergency Department staff to be decreasing, for referral to the C&A CSP.
- c. Consumers who are acutely psychotic and combative or who would require restraints to transport to the C&A CSP.
- d. Consumers receiving Class II, III or IV narcotics to manage pain or other related medical conditions.
- e. Consumers with a legal Hold Order for felony charges or pending felony warrant.
- f. Consumers with a DSM IV primary Mental Retardation disorder or a DSM IV primary diagnosis of Traumatic Brain Injury.
- g. Consumers who are pregnant and are in need of detoxification from alcohol or drugs will need to receive services at a medical / surgical hospital where proper obstetrical care and fetal monitoring are available.

IV. Hospital / Medical Referral Information:

- a. Consumers with recent medical conditions that resulted in hospital level services will be considered for admission, if stable prior to referral, and the consumer is able to manage independently with minimal oversight of their medical and personal needs, and consumer is able to perform activities of daily living.

- b. All Emergency Departments or Medical Facilities will be asked to send a copy of their Emergency Department Discharge Note or physicians note stating that the consumer is medically stable and signed by the Emergency Department Physician or physician evaluating consumer upon referral of consumers to the C&A CSP.
- c. All hospitals referring consumers directly to the C&A CSP from a Medical Floor will be asked to send a copy of the Physician's signed Discharge Note, stating that the consumer is medically stable, upon referral of consumers to the C&A CSP.
- d. The medical decision for all admissions lies with the C&A CSP physicians who will make the final decision as to whether each individual consumer is stable and clinically appropriate for this residential level of care, with clinical consideration given to the C&A CSP acuity level at the time of referral, and the sex/ages of the youth currently present in the CSP.**
- e. A consumer must arrive within four hours of an admission order received or the bed will not be held unless special permission from Physician or Charge Nurse
- f. Parent/Guardian must sign Consent for Treatment and Consent for Medications forms upon at time of admission to C&A CSP.

For Questions Regarding Admissions, contact Carla Simmons, RN, BSN, Nurse Manager, or Nasira Rubina, MD at the C&A CSP at (706) 802-5870, or Ann H. Davies, LCSW, Director, at (706) 270-5100.